

PADI Open Water Diver



underwateracademy.eu



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PADI®



PADI Open Water Diver Course: Your Gateway to Underwater Exploration

Comprehensive training to dive safely up to 18 metres.

Exciting experience for beginners from 10 years old and up.



by Underwater Academy

Course Fundamentals

- 1 Theoretical Knowledge**
Physics and physiology of diving, planning, safety procedures.
- 2 Practical Skills**
Breathing techniques, buoyancy control, underwater communication.
- 3 Open Water Experience**
Confined and open water dives under supervision.





Course Structure

1

Knowledge Development

5 theoretical segments with quizzes and a final exam.

2

Confined Water Dives

5 sessions to master the basic skills.

3

Open Water Dives

4 dives to apply the skills in a natural environment.

Certification Requirements

Minimum Age

10 years for Junior, 15 for full certification.

Dive Completion

9 total dives between confined and open water.

Water Skills Test

Demonstrate swimming and floating competencies.

Final Exam

Pass written test on acquired theoretical knowledge.



Essential Equipment



Mask

To see clearly underwater.



Fins

To move effectively in the water.



Wetsuit

To maintain body warmth.



Cylinder

Compressed air source for breathing underwater.



Teaching Tools



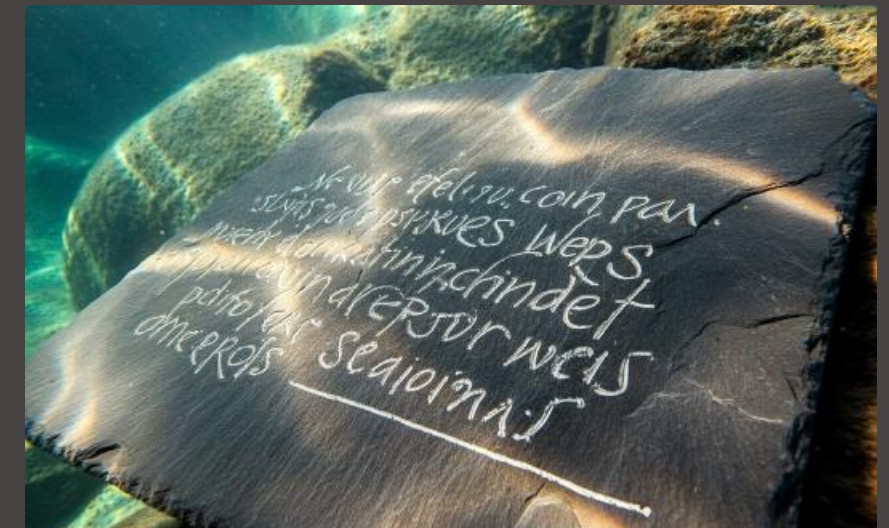
PADI Handbook

Reference text for theoretical study.



Instructional Videos

Visual aid to understand the techniques.



Underwater Slate

For underwater planning and communication exercises.

A vertical photograph of a scuba diver in a black wetsuit and yellow fins swimming horizontally over a vibrant coral reef. The water is clear blue, and sunlight filters down from the top left. The diver is positioned on the left side of the frame, facing right towards the reef. The reef is covered in various types of coral, including branching and table corals, in shades of brown, orange, and green.

Dive Depths

Confined Water Dives

Variable Depth (Pool/Shallow Water)

Open Water Dives 1-2

Maximum 12 metres

Open Water Dives 3-4

Maximum 18 metres

Acquired Skills



1

Equipment Assembly

Correctly prepare diving equipment.

2

Problem Management

Handle unexpected situations such as mask removal.

3

Underwater Navigation

Use a compass and orient oneself underwater.

4

Dive Planning

Calculate times and depths safely.



Benefits of Certification

1 Global Access

Dive thousands of sites around the world.

2 Diving Community

Join an international network of enthusiasts.

3 Continuous Learning

Pathway to PADI specialties and advanced courses.

4 Marine Exploration

Discover unique ecosystems and underwater wonders.



Your Journey Starts Here



First Breath

Unique experience of breathing underwater.



Close Encounters

Observe marine life in its natural habitat.



Safety First

Apply safety procedures in every dive.

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